|  | **Competition** | **Date** | **Opposition** | **H/A** | **Result** | **For** | **Against** | **Venue** |
| --- | --- | --- | --- | --- | --- | --- | --- | --- |
| Men | Tamar Cup | 15/03/2023 | Devon | Home | Won | 45 | 0 | St Austell R F C |
|  | Beaumont Cup | 06/05/2023 | Somerset | Home | Won | 28 | 19 | Redruth |
|  | Beaumont Cup | 13/05/2023 | Hampshire | Away | Won | 24 | 20 | Havant RFC |
|  | Beaumont Cup | 20/05/2023 | Kent | Home | Lost | 31 | 34 | Camborne RFC |
| Men U20 | Friendly | 23/10/2022 | Royal Navy U23 | Home | Lost | 17 | 31 | Hayle |
|  | Friendly | 08/02/2023 | Cornwall Clubs | Home | Lost | 8 | 29 | Hayle |
|  | Friendly | 01/03/2023 | C S O M | Home | Won | 45 | 0 | Hayle |
|  | Leonard Cup | 19/03/2023 | Devon | Away | Lost | 29 | 35 | Plymouth Albion R F |
|  | Leonard Cup | 09/04/2023 | Gloucestershire | Home | Won | 38 | 28 | Redruth RFC |
|  | Leonard Cup | 23/04/2023 | Somerset | Away | Won | 79 | 19 | Redruth RFC |
|  | Leonard Cup | 07/05/2023 | Dorset and Wilts | Away | Lost | 23 | 27 | North Dorset RFC |
| Ladies | Burns Cup | 07/05/2023 | Oxfordshire | Home | Won | 57 | 0 | launceston RFC |
|  | Burns Cup | 28/05/2023 | Hampshire | Home | Lost | 0 | 38 | Launceston RFC |

**Senior Men – Competition Appearances** \*(n) denotes selection as Substitute

| **Name** | **Club** | **Beaumont Cup** | **Tamar Cup** |
| --- | --- | --- | --- |
| AUSTIN, Mike | Cinderford | 3 |  |
| BARNES, Luke | Redruth | 3 |  |
| BATISTA, de Nico | Camborne | 1 |  |
| BENTHAM, Rikki | Devonport Services |  | 1 \*(1) |
| BOYCE, Callum | St Austell |  | 1 |
| BROWN, Richard | Redruth | 3 \*(1) |  |
| BROWNFIELD, Rhys | Pirate Amateurs |  | 1 \*(1) |
| DAVEY, Miles | St Austell |  | 1 |
| EDWARDS,Rupert | Wadebridge Camels |  | 1 \*(1) |
| EWUDZI, Konnor | St Austell | 3 \*(1) |  |
| FOX, Ben | Redruth | 3 |  |
| HEAZELTON, Jack | Camborne | 3 | 1 |
| HILTON, Ben | Barnstaple | 3 \*(1) |  |
| HONEY, Fraser | Redruth | 3 |  |
| INCH, Andy | St Austell |  | 1 |
| JOB, Daniel | St Austell |  | 1 |
| JOLLY, Liam | Camborne |  | 1 \*(1) |
| KESSELL, Jack | Camborne | 2 | 1 |
| KING, Jack | Redruth | 1 \*(1) |  |
| LAMBOURN, James | Pirate Amateurs |  | 1 \*(1) |
| LEVICK, Charlie | Penryn |  | 1 |
| NICHOLLS, Jordan | Camborne | 3 \*(2) | 1 |
| PARSONS, Sam | St Austell | 3 | 1 |
| PASCOE, Edd | Redruth | 2 |  |
| PRIDDEY, Ben | Camborne | 2 \*(1) |  |
| PROWSE, Declan | Camborne | 1 \*(1) | 1 |
| SEMMENS, Josh | Pirate Amateurs | 3 \*(3) | 1 |
| SHEPHERD, Matt | St Austell | 3 | 1 |
| SIDWELL, Jordan | Camborne |  | 1 \*(1) |
| SIMMONDS, Aaron | Camborne |  | 1 |
| SIMMONS, Jack | Redruth | 1 |  |
| SOUTHWARD, Tommy Lee | Camborne | 3 \*(3) | 1 \*(1) |
| STEVENS, Sam | Redruth | 3 |  |
| STEVENSON, Freddie | Bude | 3 \*(2) |  |
| TAYLOR, Cameron | St Austell |  | 1 |
| THOMAS, Lewis | Redruth | 2 \*(2) |  |
| TOMPSETT, Jess | Redruth | 3 |  |
| TOUT, Duncan | Tonbridge Juddians | 3 |  |
| TYRELL, Dan | St Austell |  | 1 \*(!) |
| VIAN, Mark | St Austell |  | 1 |
| WALKER, Sam | Exeter University | 1 \*(1) |  |
| WILLIAMS, Craig | Redruth | 2 \*(2) |  |

**Men Under 20 Leonard Cup Player Appearances** \*(n) denotes selection as Substitute

| **Name** | **Club** | **Leonard Cup** | **Friendly** |
| --- | --- | --- | --- |
| BADMAN, Max | Newquay Hornets |  | 1 \*(1) |
| BEES, Archie | St Austell |  | 3 \*(3) |
| BLACKLOCK, Gideon | Newquay Hornets | 2 | 1 |
| BLEWETT, Matt | Truro |  | 1 |
| BOOTHBY, Matt | St Austell | 4 | 2 \*(1) |
| BOSTOCK, Lewis | Truro | 4 | 1 |
| BUSHY, Magnus | Truro |  | 1 |
| CARDWELL, Max | Pirate Amateurs | 4 | 1 |
| CHAPPLE, Jacob | Camborne |  | 1 \*(1) |
| COUNTER, Jack | Wadebridge Camels |  | 2 \*(1) |
| DART, Nat | Camborne | 3 |  |
| DEAVIN, Fin | Falmouth | 4 \*(4) | 2 |
| EARNSHAW, Ayden | Penryn |  | 1 |
| EDDY, Wes | Pirate Amateurs | 4 \*(2) | 1 |
| HAMBLY, Jarrod | Redruth |  | 1 \*(1) |
| HARRIS, Archie | St Just | 3 \*(3) | 1 |
| HARRIS, Pete | St Austell | 3 \*(3) | 1 \*(1) |
| HOLLYMAN, Tom | Saltash |  | 2 \*(1) |
| JONES, Ben | Perranporth | 3 \*(1) | 1 |
| LAWRENCE, Rowan | Falmouth | 3 \*(3) | 3 \*(3) |
| MARSDEN, James | St Ives |  | 1 \*(1) |
| MAUNDER, Joe | St Austell | 4 | 2 \*(1) |
| OAKLEY, George | St Austell |  | 1 \*(1) |
| O'REGAN, Rowan | Falmouth | 1 \*(1) | 2 \*(1) |
| PASCOE, Joss | Truro | 4 \*(1) | 2 |
| PECK, Jowan | Falmouth | 3 \*(2) | 2 |
| PENHALLURICK, Harvey | Falmouth | 4 | 2 |
| PERKIN, Will | St Ives | 4 | 2 \*(1) |
| PRITCHARD, Matt | Falmouth | 4 | 1 |
| ROGERS, Harry | Pirate Amateurs |  | 2 \*(1) |
| ROSEVEOR, Ben | Falmouth | 4 \*(3) | 2 \*(1) |
| SALE, Kai | Penryn |  | 1 \*(1) |
| SMITH, Ben | Redruth |  | 1 |
| SRPY, Tom | St Austell |  | 1 \*(1) |
| STAFFIERI, Sunny | Wadebridge Camels |  | 1 \*(1) |
| STANLAKE, Jamie | Cardiff Met | 4 | 1 |
| STATTON, Jack | Launceston | 4 \*(2) | 1 |
| SURRIDGE, Lachan | Camborne | 4 |  |
| TANSWELL, Joe | Penryn |  | 1 |
| TANSWELL, Will | Penryn |  | 1 |
| TREWIN, Freddy | Penryn | 2 | 2 |
| TRIGGS, Connor | Truro | 3 | 2 |
| WALKER, Joe | Falmouth | 4 \*(1) |  |
| WALSH-NEWTON, Harry | Falmouth |  | 3 \*(1) |
| WELTON, Ted | Helston |  | 1 \*(1) |
| WILLIAMS, Angus | Penryn | 2 \*(2) | 2 \*(1) |
| WILLIAMS, Jared | Redruth |  | 1 \*(1) |
| WILTSHIRE, Lewis | Wadebridge Camels |  | 1 \*(1) |
| WORGAN, Aaron | Truro |  | 1 \*(1) |

**Womens - Competition Appearances** \*(n) denotes selection as Substitute

| **Nam** | **Club** | **Burns Cup** |
| --- | --- | --- |
| ALLIN, Lisa | Bude | 1 \*(1) |
| ARNOLD, Jenna | Launceston | 2 |
| ARNOLD, Megan | Launceston | 2 |
| BENNETT, Rebecca | Truro | 2 \*(!) |
| BRAZIER, Oriel | Truro | 1 \*(1) |
| BUNT, Amy | Ivybridge | 2 |
| FOSTER, Shannon | Plymouth A O | 1 |
| FREIGHT, Bryher | Truro | 2 \*(2) |
| HALL, Georgia | Penryn | 2 |
| HANCOCK, Caitlin | Launceston | 1 \*(1) |
| HAWKINS, Lydia | Falmouth | 1 |
| MILLIKEN, Caitilin | Camborne | 2 \*(2) |
| NINNIS, Josie | Penryn | 2 |
| NINNIS, Rosie | Penryn | 1 \*(1) |
| OKEY, Megan | Ivybridge | 2 |
| ROBERTS, Jo | Plymouth A O | 1 |
| RUBY, Mel | Launceston | 2 |
| SANDERCOCK, Joey | Launceston | 2 |
| SMITH-SCOTLAND, Roberta | Plymouth A O | 2 \*(2) |
| THOMAS, Rhiannon | Launceston | 2 |
| TUCKER, Meg | Launceston | 1 \*(1) |
| UPCOTT, Kim | Launceston | 2 \*(1) |
| WALLACE, Laura | Camborne | 1\*(1) |
| WARMAN, Amy | Launceston | 2 |
| WESTGARTH, Siam | Truro | 2 |
| WHERRY, Katherine | Ivybridge | 2 |
| WHITFIELD, Sam | Truro | 1 |